





































Physical Education @ St Ethelbert's

Creating confident, competitive and active learners



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1						
	Fundamental movements	Attack and defend	Gymnastics	Sending & receiving	Dance	Athletics
	Throughout the Year:	Competitive Sports				
Year 2						
	Fundamental movements	Attack and defend	Gymnastic	Sending & receiving	Dance	Athletics
	Throughout the Year:	Competitive Sports				
Year 3						
	Speed Agility Quickness (SAQ)	Attack and defend	Gymnastic	Sending & receiving	Striking & Fielding	Athletics
	Throughout the Year:	Competitive Sports, Dance and Outdoor adventurous activities				
Year 4						
	Fundamental movements	Attack and defend	Gymnastic	Sending & receiving	Striking & Fielding	Athletics
	Throughout the Year:	Competitive Sports, Dance and Outdoor adventurous activities				
Year 5						
	Fundamental movements	Attack and defend	Gymnastic	Sending & receiving	Striking & Fielding	Athletics
	Throughout the Year:	Competitive Sports, Dance and Outdoor adventurous activities				
Year 6						
	Fundamental movements	Attack and defend	Gymnastic	Sending & receiving	Athletics	Striking & Fielding
	Throughout the Year:	Competitive Sports, Dance, Outdoor adventurous activities and swimming				